

Mindful Day

by: Deborah Hopkinson

Illustrated by: Shirley Ng-Benitez

 sounds true
soundstrue.com

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I breathe
in out,
soft slow.



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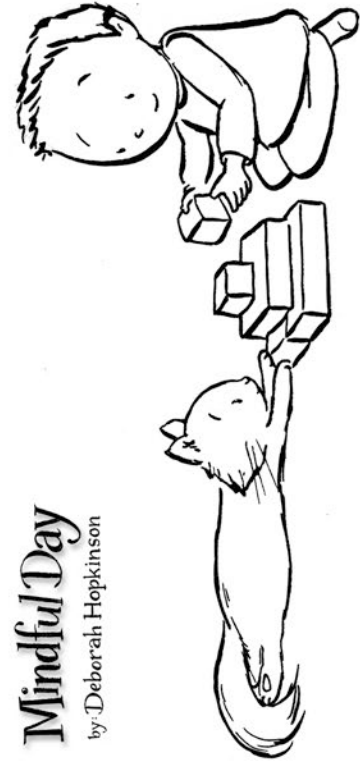
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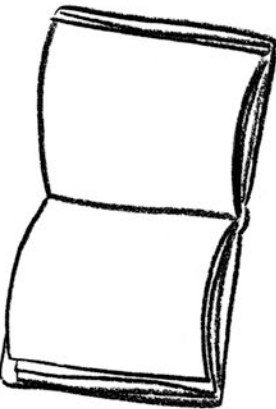
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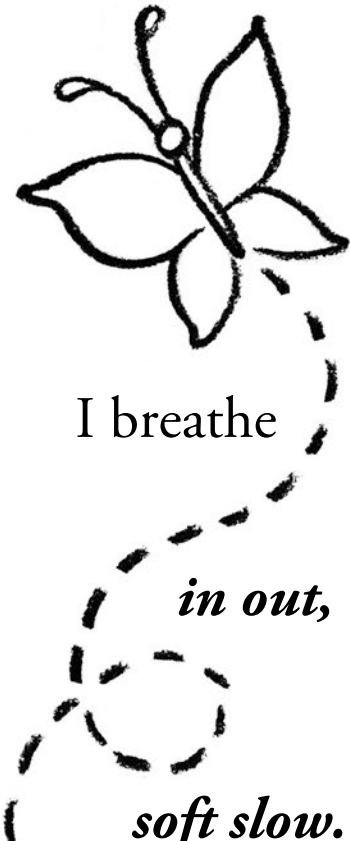
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